

- Any ingredient Substitutions must be recorded and amended on this list
- We can not guarantee Gluten Free Chips outside of Gluten Free night
- Substitutions must be checked against the Allergens Chart, this includes when packaging looks different or a different product is sent in by supplier

Dishes/Ingredients	Notes	Fish	Celery	Cereals containing gluten	Crustaceans	Eggs	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur dioxide
Batter				YES						MAY				YES	
Battered Sausage		MAY		YES										YES	YES
Bengali Prawns		MAY	MAY*	YES	YES	MAY*		MAY*	MAY	MAY*			MAY*	MAY*	MAY*
Bread Bun				YES										YES	
Brown Sauce				YES						YES					
BubbleBobble Shrimp		MAY	MAY*	YES	YES	MAY*		MAY*	MAY	MAY*			MAY*	MAY*	YES
Butter/Margarine								YES							
Chicken Chunks		MAY	MAY	YES	MAY	MAY		MAY	MAY*	MAY			MAY	MAY	MAY
Chips		VAN MAY		MAY											YES
Curry		MAY	MAY	YES		MAY		MAY		YES				MAY	MAY
Fish Battered	(+ Batter)	YES		YES						MAY				YES	MAY*
Fishcake Cod	(+ Batter)	YES		YES				YES		YES				YES	YES
Grated Cheese								YES							
Gravy			MAY	YES				MAY		MAY				MAY	MAY
Halloumi Battered	(+ Batter)	MAY*		YES				YES						YES	MAY
Mayo (1 Itr)						YES									
Mayo (10L)						YES				YES					
Mushy Peas	NONE														
Mozzarella Sticks		MAY*	MAY*	YES	MAY*	MAY*		YES	MAY*	MAY*			MAY*	YES	
Sunflower Oil	NONE														
Pea Steepers	NONE														
Pickled Eggs						YES									
Pickled Onions															YES
Rice Cones		MAY												YES	YES
Salt	E565														
Sausage Cumberland		MAY*	MAY	YES	MAY	MAY*		YES	MAY	YES			MAY*	MAY	YES
Sausage Jumbo		MAY*	MAY*	YES	MAY*	MAY*		MAY*	MAY*	MAY*			MAY*	YES	YES
Smoked Sausage		MAY*	MAY*	YES	MAY*	MAY*		YES	MAY*	YES			MAY*	MAY*	YES
Scampi		MAY*	MAY	YES	YES	MAY*		MAY	MAY	MAY			MAY*	MAY	MAY
Squid		MAY	YES	YES	MAY	MAY		MAY	YES	MAY			MAY*	YES	MAY*
Tartare Sauce (Homemade)		YES	MAY			YES				YES					YES
Tomato Ketchup	NONE														
Vinegar	NONE														
English Lakes - Double Jersey Ice Cream								YES							
English Lakes - Strawberry Ice Cream								YES							
English Lakes - Blackberry Ice Cream								YES							
English Lakes - Chocolate Ice Cream								YES						YES	
English Lakes - Thunder & Lightning								YES						YES	

MAY* = Cooking Process contamination
Updated 20.08.20